

Helmut Thomä, Horst Kächele

Psychoanalytic Therapy

Principles and Practice. Vol. 2: Practice

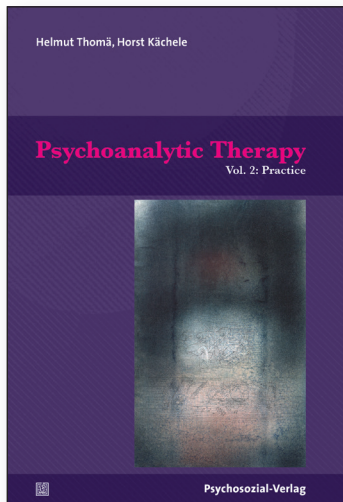
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»If you don't have a good theory of the interaction process, you are at the mercy of it. This doesn't mean you need the 'right' theory, but you need to have a firm and good theory to hold on to. Otherwise the interpersonal encounter with the patient is so powerful that it simply washes you away.«

Peter Fonagy

Conversational analysis has turned out to be the salient feature to understand what promotes change in the psychoanalytic situation. This significant aspect of the first edition of this textbook is expanded in the second edition presenting prominent examples of contemporary process and outcome research fulfilling the criteria of evidence-based medicine.

Helmut Thomä, Prof. Dr. med. Dr. med. h.c., has been Chairman of the Department for Psychotherapy of the University of Ulm and Director of the Psychoanalytic Institute in Ulm. Thomä was president of the German Psychoanalytical Association from 1968 to 1972.

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